



BREAKFAST

National School Breakfast Week
March 4-8

MARCH 2024 LES KIDS CAFÉ BREAKFAST MENU

Build A POWER FUELED FREE Breakfast
Every Morning!
Choose at Least 3 items, 4 for Maximum FUEL
& always have your Fruit as an Option

Monday



Choice Of:

Grain: WG Muffin OR
WG Apple Danish
Fruit: Assorted Fruit
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

4

Tuesday



Choice Of:

Grain: WG Breakfast Bun OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

5

Wednesday



Choice Of:

Grain: WG Bagel OR
WG Crumb Cake
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

6

Thursday



Choice Of:

Grain: WG Mini Donuts OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4 oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

7

Friday

Choice Of:

Grain: WG Breakfast Bun OR
WG Cocoa Loaf
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

1

Choice Of:

Grain: WG Breakfast Bun OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

11

Choice Of:

Grain: WG Muffin OR
WG Blueberry Loaf
Fruit: Assorted Fruit
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

12

Choice Of:

Grain: WG Donut Stix OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

13

Choice Of:

Grain: WG Pop Tart OR
WG Cinnamon Loaf
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4 oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

14

Professional
Development

No School

Choice Of:

Grain: WG Donut Stix OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

18

Choice Of:

Grain: WG Muffin OR
WG Cinn. Toast Crunch
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

19

Choice Of:

Grain: WG Breakfast Bar OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

20

Choice Of:

Grain: WG Bagel OR
WG Pop Tart
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

21

Choice Of:

Grain: WG Breakfast Bun OR
WG Cocoa Loaf
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

22

Choice Of:

Grain: WG Bagel OR
WG Crumb Cake
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

25

Choice Of:

Grain: WG Muffin OR
WG Apple Danish
Fruit: Assorted Fruit
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

26

Choice Of:

Grain: WG Mini Donuts OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

27

Choice Of:

Grain: WG Breakfast Bun OR
WG Cinn. Toast Crunch
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

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No
School

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National School Breakfast Week March 4 – 8, 2024

Menus are subject to change without notice

